

**Amendments to the Specification**

Please replace paragraph no. [0014], beginning on page 3, line 1, with the following rewritten paragraph:

**[0014]** Figures 3 ~~and 3a~~ is are cross-sectional views of an embodiment of the invention, showing an anchor in a locked position relative to a mounting bolt.

Please replace paragraph no. [0031], beginning on page 6, line 15, with the following rewritten paragraph:

**[0031]** An optional small tab 80 can be formed as part of the depression 60. This tab 80 extends rearward of the rear edge 78. Figure 4a is a cross-sectional view along section line 4a-4a of Figure 1c and shows the hemispherical shape of the depression relative to the cavity 130. Figure 4b is another cross-sectional view along section line 4b-4b of Figure 1c and shows the relationship of the tab 80 and the depression. Figure 4c is a top plan view of showing the relationship of the tab 80 and the edge 78. As can be seen in the figures, the tab 80 extends a further distance into the cavity 130 than does the hemispherical shape 60. For example, in Figure 3 the tab 80 and hemispherical shape or depression 60 are in the recess and the tab extends rearward of the hemispherical shape 60. In Figure 3a the tab 80 extends rearward and is below the hemispherical shape or depression 60. The tab 80 also acts as a motion stop preventing the disengagement of the anchor from the bolt. In view of the fact that the tab 80 extends into the cavity a significant amount, a special tool will be needed to disengage the anchor from the bolt. To permit the disengagement of the anchor from the bolt, the bridge 52 or hemispherical depression 60 will need to be deformed upwardly to permit the disengagement.